

PARKWOOD COURT RECREATION CHOICES

FEBRUARY 2016

Parkwood Court • Paula Hosking, Recreation Director • 1 st Floor						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – LBR 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	2 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Sing with Brenda – 1stL 2:00 Sing Along w John– 1stL 2:30 Tea Time – DR 3:00 Hot Chocolate Social	3 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR 3:15 Resident Council - LBR	4 9:45 Pet Visits - cancelled 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Movie – 1stL	5 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Active Games – 1stL 1:15 Adventure Lectures – 1stL 2:30 Tea Time- DR 3:00 Mark Davies – 1stL	6 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Horse Racing – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Sleepless in Seattle 1stL
7 10:15 Documentary– 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR 3:30 Sing Along w Joan – 1stL	8 Gung Hay Fat Choy! 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – LBR 2:30 Tea Time – DR 4:45 Chinese Dinner - DR	9 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 2:00 Sing Along w John– 1stL 2:30 Tea Time – DR 3:00 Hot Apple Cider Social	10 Ash Wednesday 8:00 Special Breakfast - SUR 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR	11 9:45 Pet Visits – cancelled 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Sing Along – 1stL	12 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 11:00 Chair Dancing – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with Borgy Borgenson – 1stL 4:45 Candlelight Dinner - DR	13 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Bowling – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 The Lost Valentine– 1stL
14 Valentine's Day! 10:15 Dean Helm – 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	15 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – LBR 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	16 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 2:00 Sing Along w John– 1stL 2:30 Tea Time – DR 3:00 Hot Chocolate Social	17 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Birthday Tea - DR 3:15 Horticulture Class – 1stL	18 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Sing Along – 1stL	19 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Chair Dancing – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with Larry McQuarry – 1stL	20 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Bocce – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Movie: Chocolat – 1stL
21 10:15 Documentary– 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	22 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – LBR 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	23 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 2:00 Sing Along w John– 1stL 2:30 Tea Time – DR 3:00 Hot Apple Cider Social	24 8:00 Special Breakfast - SUR 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR	25 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Sing Along – 1stL	26 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Active Games – 1stL 1:15 Adventure Lectures – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with	27 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Skee Ball – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Letters to Juliet– 1stL
28 10:15 Dean Helm – 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	29 Sadie Hawkins Day! 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – LBR 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL				Ian Robinson – 1stL	ROOM LEGEND 1stL – 1st Floor Lounge LBR – Library DR – Dining Room SUR – Sign Up Required CY – Court Yard – means this program travels around the building