

RECREATION CHOICES

MARCH 2016

Memory Lane Calendar							More on next page >
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4	5	
		9:00 Art Studio Open 10:00 Catholic Mass 1:00 Baking 2:30 Bible Study 4:30 Cocktail Night \$3.50 6:15 Aromatherapy Hand Massages	10:00 Morning Exercise 10:45 Short Stories 11:30 Art Studio Open 1:00 Manicures with Joyce 1:15 General Store 2:00 Postcard Project Workday (AS) 2:00 Education Session on Brain Health (T)	9:00 Art Studio Open 9:30 One on Ones 10:15 Art After Breakfast 11:15 Legion Luncheon (SU/O) 1:00 Folding Group 1:00 <u>Outing to Riverbend:</u> Postcard Project (SU) 6:30 BINGO	9:00 Art Studio Open 10:00 Morning Exercise 10:45 Current Events 1:00 Music with Joan 2:30 TGIF Afternoon Social with Dwayne Cannon	Art Studio Open	
6	7	8	9	10	11	12	
10:00 Artistic Illusions 3 12:00 Art Studio Open	Art Studio Closed 10:00 Morning Exercise 10:45 iPad: March Fun Facts 1:00 Folding Group 1:00 Walking Group	9:00 Art Studio Open 10:00 Catholic Mass 1:15 General Store 2:30 Bible Study 6:30 Sugartime Performance	10:00 Morning Exercise 10:45 Short Stories 11:30 Art Studio Open 11:45 Outing to Aurora Laser Light Show 1:00 Manicures with Joyce 3:00 St. Albert Public Library 6:30 Art in the Evening: Life Sketching	9:00 Art Studio Open 9:30 One on Ones 10:15 Art After Breakfast 1:00 Folding Group 1:00 Postcard Project Workday 3:00 Alley Kat Brewery tour and tasting (O/SU) 6:30 BINGO	9:00 Art Studio Open 9:30 Musical Performance by Gish School 10:45 Current Events 1:00 Music with Joan 2:30 TGIF Afternoon Social with Walter	Art Studio Open	
13	14	15	16	17	18	19	
Spring Forward! Remember to move your clocks ahead 1 hour!	Art Studio Open 10:00 Morning Exercise 10:45 iPad: Who Sang it Best? 1:00 Folding Group 1:30 One-on-one visits	9:00 Art Studio Open 10:00 Catholic Mass 10:45 iPad Land Art 1:00 Baking 4:30 Bible Study 4:00 Outing to the Cinema: Eddie the Eagle	10:00 Morning Exercise 10:45 Short Stories 11:30 Art Studio Open 1:00 Manicures with Joyce 1:15 General Store 3:00 Resident Monthly Forum 6:30 Artist of the Month: "How Art Made the World Part IV - Once Upon A Time" (T)	9:00 Art Studio Open 9:30 One on Ones 10:15 Art After Breakfast 1:00 Folding Group 2:00 Adopt a Grandparent 2:00 Postcard Project 6:30 BINGO	9:00 Art Studio Open 10:00 Political talk with MLA Marie Renault 1:00 Music with Joan 2:30 Birthday Party with Rolando Lee Band	Art Studio Closed	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
20	21	22	23	24	25	26	
10:15 Catholic Mass 12:30 Art Studio Open 10:45 Exploring the Universe and Cosmos	Art Studio Closed 10:00 Morning Exercise 10:45 Ipad: Riddles 1:00 Folding Group 1:30 Outing to Churchill for Postcard Project 1:30 Walking Group	9:00 Art Studio Open 10:00 Catholic Mass 1:00-3:00 Grandma's Helping Grandma's 4:30 \$3.50 Cocktail Hour 6:15 Pictionary	09:30 ROMEO Breakfast (SU/O) 11:30 Art Studio Open 1:00 Manicures with Joyce 1:15 General Store 3:00 St. Albert Public Library 6:30 Family and Friends Adult Coloring Party (AS)	9:00 Art Studio Open 10:00 United Church Service (T) 10:15 Art After Breakfast 1:00 Folding Group 1:00 Postcard Project Workday 1:00 Urban Adventures 6:30 BINGO	Art Studio Closed Movie Marathon 10:00 am - 8:00 pm	2:00 Saturday Sundae Social	
27	28	29	30	31			
Art Studio Closed	Art Studio Open 10:00 Morning Exercise 10:15 Art After Breakfast 1:00 Folding Group 1:00 Aromatherapy Hand Massages 2:00 Musical Bingo	9:00 Art Studio Open 10:00 Catholic Mass 10:45 Walking Group 1:00 Baking 1:45 Movement to Music 2:30 Bible Study	10:00 Morning Exercise 11:30 Art Studio Open 1:00 Manicures with Joyce 1:15 General Store 2:30 March Favorites: Sing-a-long 6:30 Family & Friends Coloring Night (AS)	9:00 Art Studio Open 10:00 Morning Exercises 10:15 Art After Breakfast 1:00 Folding Group 2:00 Build your own Picasso 6:30 BINGO			
			Important Dates		Room Legend	Room Legend	
			1:30-3:30 March 8th: Shop Easy Fashions 6:30 March 8th: SUGARTIME March 22nd: Podiatrist Visit March 25th: Good Friday / Stat.		B40: Back 40 AS: Art Studio B: Bistro BR: Board Room BFT: Behind Fish Tank ER: Exercise Room L: Library	ML: Memory Lane MLG: Memory Lane Garden O/SU: Outing/Sign-Up T: Theatre WR: Wellness Room	